



## 26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

### Detailed evaluation

**Siepe, Marion**

Club: TV Arnsberg

Number: 87

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 2:23:24

Speed: 8.37 km/h

Running performance: 7:10 min/km

Rank in course/Total: 539 (of 552)

Rank in course/Women: 140 (of 147)

Best time in course: 1:23:47

Rank in category: 20(of 23)

Best time in the category: 1:40:27

### Intermediate times

### Stage score

### Total ranking

| Control | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women | Total<br>km | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
|---------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| 10 km   | 10.00       | 1:12:50       | 7:16            | 21          | 21:37          | 142          | 29:56           | 10.00       | 1:12:50       | 7:16            | 21          | 21:37          | 142          | 29:56           |
| Finish  | 10.00       | 1:10:34       | 7:03            | 20          | 21:41          | 135          | 29:43           | 20.00       | 2:23:24       | 7:10            | 20          | 42:57          | 140          | 59:37           |