



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Herzog, Sindy

Club: Rennsteigkraxler

Number: 101

Course: 20.00 km

20km Strecke

Category:

Frauen (20-29 Jahre)

Total time: 2:27:22

Speed: 8.14 km/h

Running performance: 7:22 min/km

Rank in course/Total: 542 (of 552)

Rank in course/Women: 141 (of 147)

Best time in course: 1:23:47

Rank in category: 24(of 24)

Best time in the category: 1:23:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
10 km	10.00	1:13:12	7:19	24	30:18	143	30:18	10.00	1:13:12	7:19	24	30:18	143	30:18
Finish	10.00	1:14:10	7:25	24	33:19	141	33:19	20.00	2:27:22	7:22	24	1:03:35	141	1:03:35