



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Merten, Susann

Club: Ilmenau

Number: 249

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 2:29:49

Speed: 8.01 km/h

Running performance: 7:29 min/km

Rank in course/Total: 551 (of 552)

Rank in course/Women: 145 (of 147)

Best time in course: 1:23:47

Rank in category: 21(of 21)

Best time in the category: 1:32:47

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|---------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| 10 km | 10.00 | 1:14:35 | 7:27 | 21 | 27:40 | 146 | 31:41 | 10.00 | 1:14:35 | 7:27 | 21 | 27:40 | 146 | 31:41 |
| Finish | 10.00 | 1:15:14 | 7:31 | 20 | 29:22 | 142 | 34:23 | 20.00 | 2:29:49 | 7:29 | 21 | 57:02 | 145 | 1:06:02 |