



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Schmidt, Robert

Club: Breitenbach

Number: 209

Course: 20.00 km

20km Strecke

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:24:40

Speed: 14.17 km/h

Running performance: 4:14 min/km

Rank in course/Total: 22 (of 552)

Rank in course/Men: 21 (of 405)

Best time in course: 1:13:54

Rank in category: 8(of 61)

Best time in the category: 1:15:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	42:49	4:16	6	3:14	17	4:15	10.00	42:49	4:16	6	3:14	17	4:15
Finish	10.00	41:51	4:11	9	5:27	24	6:31	20.00	1:24:40	4:14	8	8:41	21	10:46