



26. Rennsteig Herbstlauf
Masserberg / 02.10.2016

Detailed evaluation

Werner, Alexander

Club: Steinbach-Hallenberg
Number: 10156

Course: 10.00 km
10km Strecke

Category:
Senioren M40 (40-44 Jahre)

Total time: 55:00

Speed: 10.91 km/h
Running performance: 5:30 min/km

Rank in course/Total: 59 (of 205)

Rank in course/Men: 50 (of 105)

Best time in course: 37:55

Rank in category: 8(of 15)

Best time in the category: 42:54