



26. Rennsteig Herbstlauf
Masserberg / 02.10.2016

Detailed evaluation

Haude, Christoph

Club: Neuhaus/Rennweg
Number: 10147

Course: 10.00 km
10km Strecke

Category:
Senioren M30 (30-34 Jahre)

Total time: 55:24

Speed: 10.83 km/h
Running performance: 5:32 min/km

Rank in course/Total: 62 (of 205)

Rank in course/Men: 53 (of 105)

Best time in course: 37:55

Rank in category: 14(of 18)

Best time in the category: 38:44