



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Heymel, Hendrik

Club: GutsMuths RSLV
Number: 10149

Course: 10.00 km
10km Strecke

Category:
Senioren M30 (30-34 Jahre)

Total time: 40:58

Speed: 14.65 km/h
Running performance: 4:06 min/km

Rank in course/Total: 9 (of 205)

Rank in course/Men: 8 (of 105)

Best time in course: 37:55

Rank in category: 2(of 18)

Best time in the category: 38:44