



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Josten, Bianca

Club: Eisenach

Number: 577

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 1:26:14

Speed: 13.92 km/h

Running performance: 4:19 min/km

Rank in course/Total: 31 (of 552)

Rank in course/Women: 3 (of 147)

Best time in course: 1:23:47

Rank in category: 1(of 13)

Best time in the category: 1:26:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
10 km	10.00	43:49	4:22	1	-	3	0:55	10.00	43:49	4:22	1	-	3	0:55
Finish	10.00	42:25	4:14	1	-	3	1:34	20.00	1:26:14	4:18	1	-	3	2:27