



13. Town & Country Rennsteigquerung

Welterbe-Luther-Region / 26.06.2016

Detailed evaluation

Matthes, Jan

Club: Lauffreud Breitungun

Number: 407

Course: 11.00 km

Viertelmarathon (Lauf)

Category:

Senioren M50

Total time: 1:15:03

Speed: 8.79 km/h

Running performance: 6:49 min/km

Rank in course/Total: 23 (of 32)

Rank in course/Men: 15 (of 18)

Best time in course: 46:01

Rank in category: 4(of 5)

Best time in the category: 49:40