



# 18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

## Detailed evaluation

Einfach laufen lassen...

Number: 190

Course: 168.90 km  
Blankenstein-Hörschel

Category:  
Männerstaffel

Total time: 14:49:13

Speed: 11.34 km/h  
Running performance: 5:16 min/km

Rank in course: 89 (of 230)  
Best time in course: 10:30:45

Rank in category: 71(of 143)  
Best time in the category: 10:30:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:40:52	5:43	114	37:24	177	37:24	17.60	1:40:52	5:43	114	37:24	177	37:24
Schildwiese	18.60	1:30:27	4:51	55	21:34	80	22:23	36.20	3:11:19	5:17	89	57:23	130	57:23
Neuhaus	16.00	1:32:56	5:48	117	33:39	159	33:39	52.20	4:44:15	5:26	109	1:30:28	139	1:30:28
Masserberg	17.30	1:28:36	5:07	68	23:52	94	23:52	69.50	6:12:51	5:21	92	1:52:34	120	1:52:34
Allzunah	17.90	1:30:44	5:04	46	22:38	58	22:44	87.40	7:43:35	5:18	80	2:12:36	103	2:12:36
Grenzdler	20.00	1:39:14	4:57	70	27:07	107	27:07	107.40	9:22:49	5:14	74	2:39:43	95	2:39:43
Neue Ausspanne	13.70	1:09:06	5:02	59	19:40	71	19:40	121.10	10:31:55	5:13	69	2:59:23	85	2:59:23
Kleiner Inselsber	13.90	1:19:42	5:44	97	30:49	138	30:49	135.00	11:51:37	5:16	71	3:28:40	89	3:28:40
Hohe Sonne	18.90	1:40:27	5:18	92	28:49	131	30:55	153.90	13:32:04	5:16	73	3:57:22	92	3:57:22
Hörschel	15.00	1:17:09	5:08	72	26:51	91	26:51	168.90	14:49:13	5:15	71	4:18:28	89	4:18:28