



# 18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

## Detailed evaluation

Eile mit Weile

Number: 224

Course: 168.90 km  
Blankenstein-Hörschel

Category:  
Mixstaffel

Total time: 15:49:39

Speed: 10.61 km/h

Running performance: 5:37 min/km

Rank in course: 154 (of 230)

Best time in course: 10:30:45

Rank in category: 35(of 75)

Best time in the category: 11:40:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:41:36	5:46	56	30:58	180	38:08	17.60	1:41:36	5:46	56	30:58	231	38:08
Schildwiese	18.60	1:21:32	4:23	13	13:28	32	13:28	36.20	3:03:08	5:03	25	41:24	231	49:12
Neuhaus	16.00	1:56:30	7:16	72	48:39	226	57:13	52.20	4:59:38	5:44	54	1:18:37	231	1:45:51
Masserberg	17.30	1:42:47	5:56	48	32:20	178	38:03	69.50	6:42:25	5:47	49	1:50:57	231	2:22:08
Allzunah	17.90	1:39:19	5:32	26	31:19	127	31:19	87.40	8:21:44	5:44	47	2:14:29	231	2:50:45
Grenzadler	20.00	1:32:04	4:36	17	17:45	55	19:57	107.40	9:53:48	5:31	33	2:32:14	231	3:10:42
Neue Ausspanne	13.70	1:37:25	7:06	75	42:12	229	47:59	121.10	11:31:13	5:42	47	3:07:46	231	3:58:41
Kleiner Inselsber	13.90	1:35:30	6:52	70	40:38	218	46:37	135.00	13:06:43	5:49	54	3:43:04	231	4:43:46
Hohe Sonne	18.90	1:28:59	4:42	13	19:27	54	19:27	153.90	14:35:42	5:41	43	3:58:49	230	5:01:00
Hörschel	15.00	1:13:57	4:55	14	10:41	74	23:39	168.90	15:49:39	5:37	35	4:09:30	154	5:18:54