



18. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

Sömmerdaer Gipfelstürmer II

Total time: 11:58:23

Number: 89

Speed: 14.03 km/h

Running performance: 4:15 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 8 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 7(of 143)

Männerstaffel

Best time in the category: 10:30:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:10:23	3:59	3	6:55	3	6:55	17.60	1:10:23	3:59	3	6:55	3	6:55
Schildwiese	18.60	1:20:41	4:20	17	11:48	29	12:37	36.20	2:31:04	4:10	7	17:08	12	17:08
Neuhaus	16.00	1:06:40	4:10	6	7:23	6	7:23	52.20	3:37:44	4:10	6	23:57	6	23:57
Masserberg	17.30	1:20:18	4:38	25	15:34	31	15:34	69.50	4:58:02	4:17	8	37:45	9	37:45
Allzunah	17.90	1:10:49	3:57	4	2:43	5	2:49	87.40	6:08:51	4:13	6	37:52	7	37:52
Grenzadler	20.00	1:12:29	3:37	2	0:22	2	0:22	107.40	7:21:20	4:06	6	38:14	6	38:14
Neue Ausspanne	13.70	1:01:09	4:27	20	11:43	22	11:43	121.10	8:22:29	4:08	6	49:57	6	49:57
Kleiner Inselsber	13.90	54:06	3:53	4	5:13	4	5:13	135.00	9:16:35	4:07	6	53:38	6	53:38
Hohe Sonne	18.90	1:34:50	5:01	68	23:12	96	25:18	153.90	10:51:25	4:13	6	1:16:43	7	1:16:43
Hörschel	15.00	1:06:58	4:27	25	16:40	26	16:40	168.90	11:58:23	4:15	7	1:27:38	8	1:27:38