



18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

ForestRunners

Total time: 14:47:18

Number: 140

Speed: 11.36 km/h

Running performance: 5:15 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 87 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 69(of 143)

Männerstaffel

Best time in the category: 10:30:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:34:04	5:20	87	30:36	128	30:36	17.60	1:34:04	5:20	87	30:36	128	30:36
Schildwiese	18.60	1:33:53	5:02	78	25:00	109	25:49	36.20	3:07:57	5:11	83	54:01	120	54:01
Neuhaus	16.00	1:25:47	5:21	82	26:30	100	26:30	52.20	4:33:44	5:14	74	1:19:57	101	1:19:57
Masserberg	17.30	1:29:06	5:09	76	24:22	104	24:22	69.50	6:02:50	5:13	76	1:42:33	97	1:42:33
Allzunah	17.90	1:19:40	4:27	15	11:34	19	11:40	87.40	7:22:30	5:03	44	1:51:31	56	1:51:31
Grenzadler	20.00	1:32:05	4:36	38	19:58	56	19:58	107.40	8:54:35	4:58	43	2:11:29	54	2:11:29
Neue Ausspanne	13.70	1:20:51	5:54	114	31:25	158	31:25	121.10	10:15:26	5:04	51	2:42:54	65	2:42:54
Kleiner Inselsber	13.90	1:23:36	6:00	118	34:43	173	34:43	135.00	11:39:02	5:10	57	3:16:05	72	3:16:05
Hohe Sonne	18.90	1:43:19	5:27	98	31:41	144	33:47	153.90	13:22:21	5:12	67	3:47:39	85	3:47:39
Hörschel	15.00	1:24:57	5:39	104	34:39	147	34:39	168.90	14:47:18	5:15	69	4:16:33	87	4:16:33