



18. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

LAC- Schillermix

Total time: 15:52:59

Number: 176

Speed: 10.58 km/h

Running performance: 5:38 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 161 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 39(of 75)

Mixstaffel

Best time in the category: 11:40:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:29:29	5:05	28	18:51	91	26:01	17.60	1:29:29	5:05	28	18:51	231	26:01
Schildwiese	18.60	1:36:57	5:12	38	28:53	141	28:53	36.20	3:06:26	5:09	30	44:42	231	52:30
Neuhaus	16.00	1:44:34	6:32	58	36:43	208	45:17	52.20	4:51:00	5:34	39	1:09:59	231	1:37:13
Masserberg	17.30	1:31:18	5:16	31	20:51	117	26:34	69.50	6:22:18	5:30	32	1:30:50	231	2:02:01
Allzunah	17.90	1:52:07	6:15	55	44:07	193	44:07	87.40	8:14:25	5:39	37	2:07:10	231	2:43:26
Grenzdler	20.00	1:49:52	5:29	54	35:33	169	37:45	107.40	10:04:17	5:37	44	2:42:43	231	3:21:11
Neue Ausspanne	13.70	1:36:50	7:04	74	41:37	228	47:24	121.10	11:41:07	5:47	54	3:17:40	231	4:08:35
Kleiner Inselsber	13.90	1:25:38	6:09	55	30:46	188	36:45	135.00	13:06:45	5:49	55	3:43:06	231	4:43:48
Hohe Sonne	18.90	1:25:26	4:31	10	15:54	35	15:54	153.90	14:32:11	5:40	39	3:55:18	230	4:57:29
Hörschel	15.00	1:20:48	5:23	25	17:32	119	30:30	168.90	15:52:59	5:38	39	4:12:50	161	5:22:14