



18. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

Lauffeuer Fröttstädt

Total time: 14:52:03

Number: 185

Speed: 11.36 km/h

Running performance: 5:17 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 92 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 74(of 143)

Männerstaffel

Best time in the category: 10:30:45

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Grumbach | 17.60 | 1:23:56 | 4:46 | 39 | 20:28 | 57 | 20:28 | 17.60 | 1:23:56 | 4:46 | 39 | 20:28 | 57 | 20:28 |
| Schildwiese | 18.60 | 1:34:48 | 5:05 | 85 | 25:55 | 120 | 26:44 | 36.20 | 2:58:44 | 4:56 | 47 | 44:48 | 69 | 44:48 |
| Neuhaus | 16.00 | 1:20:31 | 5:01 | 56 | 21:14 | 63 | 21:14 | 52.20 | 4:19:15 | 4:57 | 44 | 1:05:28 | 61 | 1:05:28 |
| Masserberg | 17.30 | 1:37:40 | 5:38 | 106 | 32:56 | 151 | 32:56 | 69.50 | 5:56:55 | 5:08 | 62 | 1:36:38 | 82 | 1:36:38 |
| Allzunah | 17.90 | 1:41:17 | 5:39 | 107 | 33:11 | 144 | 33:17 | 87.40 | 7:38:12 | 5:14 | 72 | 2:07:13 | 90 | 2:07:13 |
| Grenzadler | 20.00 | 1:50:52 | 5:32 | 118 | 38:45 | 179 | 38:45 | 107.40 | 9:29:04 | 5:17 | 82 | 2:45:58 | 105 | 2:45:58 |
| Neue Ausspanne | 13.70 | 1:02:10 | 4:32 | 25 | 12:44 | 30 | 12:44 | 121.10 | 10:31:14 | 5:12 | 67 | 2:58:42 | 83 | 2:58:42 |
| Kleiner Inselsber | 13.90 | 1:09:03 | 4:58 | 43 | 20:10 | 52 | 20:10 | 135.00 | 11:40:17 | 5:11 | 58 | 3:17:20 | 73 | 3:17:20 |
| Hohe Sonne | 18.90 | 1:39:26 | 5:15 | 87 | 27:48 | 122 | 29:54 | 153.90 | 13:19:43 | 5:11 | 65 | 3:45:01 | 81 | 3:45:01 |
| Hörschel | 15.00 | 1:32:20 | 6:09 | 121 | 42:02 | 190 | 42:02 | 168.90 | 14:52:03 | 5:16 | 74 | 4:21:18 | 92 | 4:21:18 |