



18. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

Die Kohlkopprunners

Total time: 14:54:36

Number: 86

Speed: 11.27 km/h

Running performance: 5:18 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 94 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 76(of 143)

Männerstaffel

Best time in the category: 10:30:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:44:06	5:54	127	40:38	196	40:38	17.60	1:44:06	5:54	127	40:38	196	40:38
Schildwiese	18.60	1:35:52	5:09	92	26:59	128	27:48	36.20	3:19:58	5:31	120	1:06:02	173	1:06:02
Neuhaus	16.00	1:35:14	5:57	122	35:57	171	35:57	52.20	4:55:12	5:39	125	1:41:25	171	1:41:25
Masserberg	17.30	1:22:18	4:45	34	17:34	44	17:34	69.50	6:17:30	5:25	103	1:57:13	133	1:57:13
Allzunah	17.90	1:37:26	5:26	88	29:20	114	29:26	87.40	7:54:56	5:26	93	2:23:57	120	2:23:57
Grenzadler	20.00	1:20:11	4:00	10	8:04	13	8:04	107.40	9:15:07	5:10	62	2:32:01	80	2:32:01
Neue Ausspanne	13.70	1:12:26	5:17	72	23:00	89	23:00	121.10	10:27:33	5:10	64	2:55:01	80	2:55:01
Kleiner Inselsber	13.90	1:36:00	6:54	138	47:07	219	47:07	135.00	12:03:33	5:21	83	3:40:36	104	3:40:36
Hohe Sonne	18.90	1:29:50	4:45	47	18:12	62	20:18	153.90	13:33:23	5:17	76	3:58:41	95	3:58:41
Hörschel	15.00	1:21:13	5:24	93	30:55	125	30:55	168.90	14:54:36	5:17	76	4:23:51	94	4:23:51