



18. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

Rennsteiglaufverein II

Total time: 15:59:33

Number: 159

Speed: 10.50 km/h

Running performance: 5:41 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 173 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 44(of 75)

Mixstaffel

Best time in the category: 11:40:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	2:18:41	7:52	75	1:08:03	230	1:15:13	17.60	2:18:41	7:52	75	1:08:03	231	1:15:13
Schildwiese	18.60	1:34:23	5:04	31	26:19	116	26:19	36.20	3:53:04	6:26	71	1:31:20	231	1:39:08
Neuhaus	16.00	1:31:55	5:44	34	24:04	149	32:38	52.20	5:24:59	6:13	68	1:43:58	231	2:11:12
Masserberg	17.30	1:17:54	4:30	4	7:27	20	13:10	69.50	6:42:53	5:47	51	1:51:25	231	2:22:36
Allzunah	17.90	1:35:13	5:19	18	27:13	94	27:13	87.40	8:18:06	5:41	43	2:10:51	231	2:47:07
Grenzadler	20.00	1:31:54	4:35	16	17:35	54	19:47	107.40	9:50:00	5:29	30	2:28:26	231	3:06:54
Neue Ausspanne	13.70	1:19:47	5:49	34	24:34	151	30:21	121.10	11:09:47	5:31	30	2:46:20	231	3:37:15
Kleiner Inselsber	13.90	1:20:22	5:46	38	25:30	148	31:29	135.00	12:30:09	5:33	29	3:06:30	231	4:07:12
Hohe Sonne	18.90	2:11:16	6:56	75	1:01:44	226	1:01:44	153.90	14:41:25	5:43	51	4:04:32	230	5:06:43
Hörschel	15.00	1:18:08	5:12	20	14:52	103	27:50	168.90	15:59:33	5:40	44	4:19:24	173	5:28:48