



# 18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

## Detailed evaluation

Laufteam WTA

Total time: 15:01:03

Number: 35

Speed: 11.19 km/h

Running performance: 5:20 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 105 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 86(of 143)

Männerstaffel

Best time in the category: 10:30:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:43:52	5:54	125	40:24	194	40:24	17.60	1:43:52	5:54	125	40:24	194	40:24
Schildwiese	18.60	1:35:58	5:09	94	27:05	130	27:54	36.20	3:19:50	5:31	119	1:05:54	172	1:05:54
Neuhaus	16.00	1:34:15	5:53	120	34:58	168	34:58	52.20	4:54:05	5:38	124	1:40:18	169	1:40:18
Masserberg	17.30	1:37:56	5:39	107	33:12	152	33:12	69.50	6:32:01	5:38	122	2:11:44	161	2:11:44
Allzunah	17.90	1:33:45	5:14	67	25:39	84	25:45	87.40	8:05:46	5:33	109	2:34:47	141	2:34:47
Grenzadler	20.00	1:53:24	5:40	127	41:17	190	41:17	107.40	9:59:10	5:34	119	3:16:04	161	3:16:04
Neue Ausspanne	13.70	51:00	3:43	2	1:34	2	1:34	121.10	10:50:10	5:22	90	3:17:38	114	3:17:38
Kleiner Inselsber	13.90	1:05:22	4:42	28	16:29	36	16:29	135.00	11:55:32	5:18	74	3:32:35	93	3:32:35
Hohe Sonne	18.90	1:47:30	5:41	116	35:52	173	37:58	153.90	13:43:02	5:20	85	4:08:20	105	4:08:20
Hörschel	15.00	1:18:01	5:12	80	27:43	101	27:43	168.90	15:01:03	5:20	86	4:30:18	105	4:30:18