



18. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

Roter Stern Pfafferoode e.V. II

Total time: 14:59:10

Number: 69

Speed: 11.21 km/h

Running performance: 5:19 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 101 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 83(of 143)

Männerstaffel

Best time in the category: 10:30:45

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Grumbach	17.60	1:25:39	4:51	43	22:11	63	22:11	17.60	1:25:39	4:51	43	22:11	63	22:11	
Schildwiese	18.60	1:38:04	5:16	111	29:11	152	30:00	36.20	3:03:43	5:04	70	49:47	98	49:47	
Neuhaus	16.00	1:24:33	5:17	78	25:16	91	25:16	52.20	4:28:16	5:08	64	1:14:29	85	1:14:29	
Masserberg	17.30	1:27:06	5:02	58	22:22	80	22:22	69.50	5:55:22	5:06	58	1:35:05	76	1:35:05	
Allzunah	17.90	1:32:06	5:08	54	24:00	69	24:06	87.40	7:27:28	5:07	53	1:56:29	67	1:56:29	
Grenzadler	20.00	1:48:37	5:25	106	36:30	162	36:30	107.40	9:16:05	5:10	65	2:32:59	83	2:32:59	
Neue Ausspanne	13.70	1:26:22	6:18	129	36:56	199	36:56	121.10	10:42:27	5:18	80	3:09:55	99	3:09:55	
Kleiner Inselsber	13.90	1:30:30	6:30	134	41:37	210	41:37	135.00	12:12:57	5:25	96	3:50:00	118	3:50:00	
Hohe Sonne	18.90	1:36:45	5:07	77	25:07	110	27:13	153.90	13:49:42	5:23	92	4:15:00	114	4:15:00	
Hörschel	15.00	1:09:28	4:37	40	19:10	45	19:10	168.90	14:59:10	5:19	83	4:28:25	101	4:28:25	