



18. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

Die Eisernen

Total time: 15:02:25

Number: 51

Speed: 11.17 km/h

Running performance: 5:20 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 106 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 87(of 143)

Männerstaffel

Best time in the category: 10:30:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:28:03	5:00	56	24:35	84	24:35	17.60	1:28:03	5:00	56	24:35	84	24:35
Schildwiese	18.60	1:44:05	5:35	126	35:12	183	36:01	36.20	3:12:08	5:18	96	58:12	139	58:12
Neuhaus	16.00	1:35:47	5:59	127	36:30	176	36:30	52.20	4:47:55	5:30	118	1:34:08	153	1:34:08
Masserberg	17.30	1:24:47	4:54	49	20:03	65	20:03	69.50	6:12:42	5:21	91	1:52:25	119	1:52:25
Allzunah	17.90	1:29:47	5:00	42	21:41	52	21:47	87.40	7:42:29	5:17	79	2:11:30	99	2:11:30
Grenzadler	20.00	1:48:06	5:24	104	35:59	160	35:59	107.40	9:30:35	5:18	83	2:47:29	107	2:47:29
Neue Ausspanne	13.70	1:13:07	5:20	78	23:41	97	23:41	121.10	10:43:42	5:18	84	3:11:10	103	3:11:10
Kleiner Inselsber	13.90	1:20:18	5:46	104	31:25	147	31:25	135.00	12:04:00	5:21	85	3:41:03	106	3:41:03
Hohe Sonne	18.90	1:21:19	4:18	11	9:41	18	11:47	153.90	13:25:19	5:13	69	3:50:37	87	3:50:37
Hörschel	15.00	1:37:06	6:28	132	46:48	209	46:48	168.90	15:02:25	5:20	87	4:31:40	106	4:31:40