



# 18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

## Detailed evaluation

Lauffreunde Gotha

Number: 165

Course: 168.90 km  
Blankenstein-Hörschel

Category:  
Mixstaffel

Total time: 16:04:23

Speed: 10.45 km/h  
Running performance: 5:43 min/km

Rank in course: 181 (of 230)

Best time in course: 10:30:45

Rank in category: 49(of 75)

Best time in the category: 11:40:09

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:26:56	4:56	24	16:18	73	23:28	17.60	1:26:56	4:56	24	16:18	231	23:28
Schildwiese	18.60	1:39:03	5:19	40	30:59	157	30:59	36.20	3:05:59	5:08	28	44:15	231	52:03
Neuhaus	16.00	1:20:56	5:03	7	13:05	67	21:39	52.20	4:26:55	5:06	19	45:54	231	1:13:08
Masserberg	17.30	1:58:43	6:51	71	48:16	223	53:59	69.50	6:25:38	5:32	34	1:34:10	231	2:05:21
Allzunah	17.90	2:00:54	6:45	71	52:54	220	52:54	87.40	8:26:32	5:47	51	2:19:17	231	2:55:33
Grenzadler	20.00	1:51:20	5:33	59	37:01	181	39:13	107.40	10:17:52	5:45	53	2:56:18	231	3:34:46
Neue Ausspanne	13.70	1:10:28	5:08	11	15:15	77	21:02	121.10	11:28:20	5:41	45	3:04:53	231	3:55:48
Kleiner Inselsber	13.90	1:28:48	6:23	63	33:56	204	39:55	135.00	12:57:08	5:45	50	3:33:29	231	4:34:11
Hohe Sonne	18.90	1:44:05	5:30	43	34:33	149	34:33	153.90	14:41:13	5:43	50	4:04:20	230	5:06:31
Hörschel	15.00	1:23:10	5:32	34	19:54	136	32:52	168.90	16:04:23	5:42	49	4:24:14	181	5:33:38