



18. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

SSV Erfurt 02 Frauen

Total time: 16:08:33

Number: 5

Speed: 10.41 km/h

Running performance: 5:44 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 183 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 4(of 12)

Frauenstaffel

Best time in the category: 13:02:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:51:07	6:18	11	35:05	220	47:39	17.60	1:51:07	6:18	11	35:05	231	47:39
Schildwiese	18.60	1:41:50	5:28	5	21:28	173	33:46	36.20	3:32:57	5:52	8	56:33	231	1:19:01
Neuhaus	16.00	1:43:31	6:28	12	27:58	205	44:14	52.20	5:16:28	6:03	10	1:11:40	231	2:02:41
Masserberg	17.30	1:30:16	5:13	3	5:37	113	25:32	69.50	6:46:44	5:51	6	1:17:17	231	2:26:27
Allzunah	17.90	1:46:28	5:56	6	18:49	170	38:28	87.40	8:33:12	5:52	7	1:36:06	231	3:02:13
Grenzdler	20.00	2:07:12	6:21	10	37:53	214	55:05	107.40	10:40:24	5:57	6	2:09:14	231	3:57:18
Neue Ausspanne	13.70	1:18:30	5:43	9	21:06	144	29:04	121.10	11:58:54	5:56	6	2:30:20	231	4:26:22
Kleiner Inselsber	13.90	1:11:28	5:08	2	10:02	68	22:35	135.00	13:10:22	5:51	5	2:40:22	231	4:47:25
Hohe Sonne	18.90	1:40:49	5:20	6	16:17	133	31:17	153.90	14:51:11	5:47	4	2:56:39	230	5:16:29
Hörschel	15.00	1:17:22	5:09	2	9:40	94	27:04	168.90	16:08:33	5:44	4	3:06:19	183	5:37:48