



# 18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

## Detailed evaluation

Sonntagsläufer Tambach-Dietharz

Total time: 16:10:28

Number: 101

Speed: 10.39 km/h

Running performance: 5:45 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 184 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 50(of 75)

Mixstaffel

Best time in the category: 11:40:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:26:08	4:53	22	15:30	70	22:40	17.60	1:26:08	4:53	22	15:30	231	22:40
Schildwiese	18.60	1:41:45	5:28	50	33:41	172	33:41	36.20	3:07:53	5:11	33	46:09	231	53:57
Neuhaus	16.00	2:40:20	10:01	75	1:32:29	230	1:41:03	52.20	5:48:13	6:40	73	2:07:12	231	2:34:26
Masserberg	17.30	1:21:08	4:41	9	10:41	36	16:24	69.50	7:09:21	6:10	70	2:17:53	231	2:49:04
Allzunah	17.90	1:44:37	5:50	42	36:37	160	36:37	87.40	8:53:58	6:06	67	2:46:43	231	3:22:59
Grenzdler	20.00	1:32:37	4:37	18	18:18	60	20:30	107.40	10:26:35	5:50	59	3:05:01	231	3:43:29
Neue Ausspanne	13.70	1:22:33	6:01	43	27:20	169	33:07	121.10	11:49:08	5:51	58	3:25:41	231	4:16:36
Kleiner Inselsber	13.90	1:26:22	6:12	57	31:30	191	37:29	135.00	13:15:30	5:53	60	3:51:51	231	4:52:33
Hohe Sonne	18.90	1:42:14	5:24	39	32:42	138	32:42	153.90	14:57:44	5:49	55	4:20:51	230	5:23:02
Hörschel	15.00	1:12:44	4:50	12	9:28	68	22:26	168.90	16:10:28	5:44	50	4:30:19	184	5:39:43