



18. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

Energy Runners-Laufteam Siemens

Total time: 15:09:38

Number: 27

Speed: 11.08 km/h

Running performance: 5:23 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 114 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 92(of 143)

Männerstaffel

Best time in the category: 10:30:45

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:22:48	4:42	31	19:20	48	19:20	17.60	1:22:48	4:42	31	19:20	48	19:20
Schildwiese	18.60	1:36:10	5:10	95	27:17	131	28:06	36.20	2:58:58	4:56	48	45:02	70	45:02
Neuhaus	16.00	1:29:59	5:37	106	30:42	135	30:42	52.20	4:28:57	5:09	66	1:15:10	88	1:15:10
Masserberg	17.30	1:29:29	5:10	80	24:45	109	24:45	69.50	5:58:26	5:09	65	1:38:09	85	1:38:09
Allzunah	17.90	1:45:16	5:52	115	37:10	164	37:16	87.40	7:43:42	5:18	81	2:12:43	104	2:12:43
Grenzadler	20.00	1:50:46	5:32	115	38:39	176	38:39	107.40	9:34:28	5:20	87	2:51:22	113	2:51:22
Neue Ausspanne	13.70	1:06:06	4:49	41	16:40	48	16:40	121.10	10:40:34	5:17	77	3:08:02	96	3:08:02
Kleiner Inselsber	13.90	1:19:21	5:42	95	30:28	136	30:28	135.00	11:59:55	5:19	79	3:36:58	98	3:36:58
Hohe Sonne	18.90	1:34:35	5:00	67	22:57	94	25:03	153.90	13:34:30	5:17	78	3:59:48	97	3:59:48
Hörschel	15.00	1:35:08	6:20	127	44:50	200	44:50	168.90	15:09:38	5:23	92	4:38:53	114	4:38:53