



18. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

Rennsteiglaufverein I

Number: 37

Course: 168.90 km  
Blankenstein-Hörschel

Category:  
Männerstaffel

Total time: 12:01:30

Speed: 13.97 km/h  
Running performance: 4:16 min/km

Rank in course: 10 (of 230)  
Best time in course: 10:30:45

Rank in category: 9(of 143)  
Best time in the category: 10:30:45

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:21:29	4:37	26	18:01	39	18:01	17.60	1:21:29	4:37	26	18:01	39	18:01
Schildwiese	18.60	1:22:12	4:25	19	13:19	35	14:08	36.20	2:43:41	4:31	16	29:45	25	29:45
Neuhaus	16.00	1:06:08	4:08	5	6:51	5	6:51	52.20	3:49:49	4:24	12	36:02	14	36:02
Masserberg	17.30	1:09:38	4:01	8	4:54	8	4:54	69.50	4:59:27	4:18	9	39:10	10	39:10
Allzunah	17.90	1:20:04	4:28	16	11:58	20	12:04	87.40	6:19:31	4:20	10	48:32	12	48:32
Grenzadler	20.00	1:22:57	4:08	14	10:50	18	10:50	107.40	7:42:28	4:18	12	59:22	14	59:22
Neue Ausspanne	13.70	55:45	4:04	8	6:19	9	6:19	121.10	8:38:13	4:16	11	1:05:41	12	1:05:41
Kleiner Inselsber	13.90	57:03	4:06	7	8:10	8	8:10	135.00	9:35:16	4:15	10	1:12:19	11	1:12:19
Hohe Sonne	18.90	1:27:36	4:38	35	15:58	47	18:04	153.90	11:02:52	4:18	10	1:28:10	12	1:28:10
Hörschel	15.00	58:38	3:54	6	8:20	6	8:20	168.90	12:01:30	4:16	9	1:30:45	10	1:30:45