



18. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

Rennsteiglaufverein I

Number: 37

Course: 168.90 km
Blankenstein-Hörschel

Category:
Männerstaffel

Total time: 12:01:30

Speed: 14.05 km/h
Running performance: 4:16 min/km

Rank in course: 10 (of 230)
Best time in course: 10:30:45

Rank in category: 9(of 143)
Best time in the category: 10:30:45

| Control | Intermediate times | | | | Stage score | | | | Total ranking | | | | | |
|-------------------|--------------------|------------|--------------|----------|-------------|-----------|--------------|----------|---------------|--------------|----------|-------------|-----------|--------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Grumbach | 17.60 | 1:21:29 | 4:37 | 26 | 18:01 | 39 | 18:01 | 17.60 | 1:21:29 | 4:37 | 26 | 18:01 | 39 | 18:01 |
| Schildwiese | 18.60 | 1:22:12 | 4:25 | 19 | 13:19 | 35 | 14:08 | 36.20 | 2:43:41 | 4:31 | 16 | 29:45 | 25 | 29:45 |
| Neuhaus | 16.00 | 1:06:08 | 4:08 | 5 | 6:51 | 5 | 6:51 | 52.20 | 3:49:49 | 4:24 | 12 | 36:02 | 14 | 36:02 |
| Masserberg | 17.30 | 1:09:38 | 4:01 | 8 | 4:54 | 8 | 4:54 | 69.50 | 4:59:27 | 4:18 | 9 | 39:10 | 10 | 39:10 |
| Allzunah | 17.90 | 1:20:04 | 4:28 | 16 | 11:58 | 20 | 12:04 | 87.40 | 6:19:31 | 4:20 | 10 | 48:32 | 12 | 48:32 |
| Grenzdler | 20.00 | 1:22:57 | 4:08 | 14 | 10:50 | 18 | 10:50 | 107.40 | 7:42:28 | 4:18 | 12 | 59:22 | 14 | 59:22 |
| Neue Ausspanne | 13.70 | 55:45 | 4:04 | 8 | 6:19 | 9 | 6:19 | 121.10 | 8:38:13 | 4:16 | 11 | 1:05:41 | 12 | 1:05:41 |
| Kleiner Inselsber | 13.90 | 57:03 | 4:06 | 7 | 8:10 | 8 | 8:10 | 135.00 | 9:35:16 | 4:15 | 10 | 1:12:19 | 11 | 1:12:19 |
| Hohe Sonne | 18.90 | 1:27:36 | 4:38 | 35 | 15:58 | 47 | 18:04 | 153.90 | 11:02:52 | 4:18 | 10 | 1:28:10 | 12 | 1:28:10 |
| Hörschel | 15.00 | 58:38 | 3:54 | 6 | 8:20 | 6 | 8:20 | 168.90 | 12:01:30 | 4:16 | 9 | 1:30:45 | 10 | 1:30:45 |