



# 18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

## Detailed evaluation

Road Runners Altenburg

Total time: 16:16:20

Number: 205

Speed: 10.32 km/h

Running performance: 5:47 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 189 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 54(of 75)

Mixstaffel

Best time in the category: 11:40:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:30:43	5:09	31	20:05	102	27:15	17.60	1:30:43	5:09	31	20:05	231	27:15
Schildwiese	18.60	1:41:57	5:28	51	33:53	174	33:53	36.20	3:12:40	5:19	41	50:56	231	58:44
Neuhaus	16.00	1:37:37	6:06	50	29:46	186	38:20	52.20	4:50:17	5:33	38	1:09:16	231	1:36:30
Masserberg	17.30	1:53:32	6:33	68	43:05	217	48:48	69.50	6:43:49	5:48	54	1:52:21	231	2:23:32
Allzunah	17.90	2:03:37	6:54	73	55:37	224	55:37	87.40	8:47:26	6:02	63	2:40:11	231	3:16:27
Grenzdler	20.00	1:34:15	4:42	21	19:56	67	22:08	107.40	10:21:41	5:47	56	3:00:07	231	3:38:35
Neue Ausspanne	13.70	1:24:05	6:08	49	28:52	177	34:39	121.10	11:45:46	5:49	56	3:22:19	231	4:13:14
Kleiner Inselsber	13.90	1:23:45	6:01	47	28:53	175	34:52	135.00	13:09:31	5:50	57	3:45:52	231	4:46:34
Hohe Sonne	18.90	1:40:24	5:18	34	30:52	130	30:52	153.90	14:49:55	5:46	53	4:13:02	230	5:15:13
Hörschel	15.00	1:26:25	5:45	44	23:09	154	36:07	168.90	16:16:20	5:46	54	4:36:11	189	5:45:35