



18. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

Thüringer Allgemeine

Total time: 15:23:28

Number: 17

Speed: 10.92 km/h

Running performance: 5:28 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 129 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 103(of 143)

Männerstaffel

Best time in the category: 10:30:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:21:28	4:37	25	18:00	38	18:00	17.60	1:21:28	4:37	25	18:00	38	18:00
Schildwiese	18.60	1:37:53	5:15	110	29:00	151	29:49	36.20	2:59:21	4:57	49	45:25	71	45:25
Neuhaus	16.00	1:29:41	5:36	101	30:24	129	30:24	52.20	4:29:02	5:09	68	1:15:15	90	1:15:15
Masserberg	17.30	1:28:08	5:05	65	23:24	88	23:24	69.50	5:57:10	5:08	63	1:36:53	83	1:36:53
Allzunah	17.90	1:37:14	5:25	86	29:08	112	29:14	87.40	7:34:24	5:11	65	2:03:25	81	2:03:25
Grenzadler	20.00	2:14:32	6:43	142	1:02:25	223	1:02:25	107.40	9:48:56	5:29	106	3:05:50	138	3:05:50
Neue Ausspanne	13.70	1:06:25	4:50	43	16:59	52	16:59	121.10	10:55:21	5:24	96	3:22:49	122	3:22:49
Kleiner Inselsber	13.90	1:11:12	5:07	53	22:19	65	22:19	135.00	12:06:33	5:22	89	3:43:36	110	3:43:36
Hohe Sonne	18.90	1:59:13	6:18	138	47:35	217	49:41	153.90	14:05:46	5:29	106	4:31:04	134	4:31:04
Hörschel	15.00	1:17:42	5:10	76	27:24	97	27:24	168.90	15:23:28	5:28	103	4:52:43	129	4:52:43