



18. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

Treffurt´s Amazonen

Total time: 16:32:08

Number: 93

Speed: 10.16 km/h

Running performance: 5:52 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 198 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 5(of 12)

Frauenstaffel

Best time in the category: 13:02:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:34:37	5:22	4	18:35	133	31:09	17.60	1:34:37	5:22	4	18:35	231	31:09
Schildwiese	18.60	1:57:43	6:19	9	37:21	219	49:39	36.20	3:32:20	5:51	7	55:56	231	1:18:24
Neuhaus	16.00	1:31:40	5:43	5	16:07	148	32:23	52.20	5:04:00	5:49	5	59:12	231	1:50:13
Masserberg	17.30	1:47:44	6:13	9	23:05	201	43:00	69.50	6:51:44	5:55	8	1:22:17	231	2:31:27
Allzunah	17.90	1:33:15	5:12	3	5:36	78	25:15	87.40	8:24:59	5:46	4	1:27:53	231	2:54:00
Grenzadler	20.00	1:57:13	5:51	7	27:54	198	45:06	107.40	10:22:12	5:47	4	1:51:02	231	3:39:06
Neue Ausspanne	13.70	1:18:17	5:42	8	20:53	142	28:51	121.10	11:40:29	5:47	4	2:11:55	231	4:07:57
Kleiner Inselsber	13.90	1:31:32	6:35	11	30:06	213	42:39	135.00	13:12:01	5:52	6	2:42:01	231	4:49:04
Hohe Sonne	18.90	1:49:05	5:46	9	24:33	181	39:33	153.90	15:01:06	5:51	5	3:06:34	230	5:26:24
Hörschel	15.00	1:31:02	6:04	8	23:20	185	40:44	168.90	16:32:08	5:52	5	3:29:54	198	6:01:23