



18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

Skatstadtmarathon

Total time: 16:38:09

Number: 151

Speed: 10.10 km/h

Running performance: 5:55 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 204 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 62(of 75)

Mixstaffel

Best time in the category: 11:40:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:45:09	5:58	63	34:31	202	41:41	17.60	1:45:09	5:58	63	34:31	231	41:41
Schildwiese	18.60	1:29:10	4:47	20	21:06	70	21:06	36.20	3:14:19	5:22	42	52:35	231	1:00:23
Neuhaus	16.00	1:33:13	5:49	39	25:22	162	33:56	52.20	4:47:32	5:30	31	1:06:31	231	1:33:45
Masserberg	17.30	1:56:51	6:45	70	46:24	222	52:07	69.50	6:44:23	5:49	55	1:52:55	231	2:24:06
Allzunah	17.90	1:42:28	5:43	35	34:28	149	34:28	87.40	8:26:51	5:47	52	2:19:36	231	2:55:52
Grenzadler	20.00	1:35:21	4:46	24	21:02	79	23:14	107.40	10:02:12	5:36	42	2:40:38	231	3:19:06
Neue Ausspanne	13.70	1:34:25	6:53	72	39:12	226	44:59	121.10	11:36:37	5:45	51	3:13:10	231	4:04:05
Kleiner Inselsber	13.90	1:36:39	6:57	71	41:47	223	47:46	135.00	13:13:16	5:52	59	3:49:37	231	4:50:19
Hohe Sonne	18.90	1:45:13	5:34	44	35:41	156	35:41	153.90	14:58:29	5:50	57	4:21:36	230	5:23:47
Hörschel	15.00	1:39:40	6:38	67	36:24	212	49:22	168.90	16:38:09	5:54	62	4:58:00	204	6:07:24