



18. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

Rühler Springer

Total time: 15:39:03

Number: 215

Speed: 10.73 km/h

Running performance: 5:34 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 141 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 110(of 143)

Männerstaffel

Best time in the category: 10:30:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:34:35	5:22	90	31:07	132	31:07	17.60	1:34:35	5:22	90	31:07	132	31:07
Schildwiese	18.60	1:40:42	5:24	117	31:49	165	32:38	36.20	3:15:17	5:23	107	1:01:21	152	1:01:21
Neuhaus	16.00	1:23:37	5:13	73	24:20	84	24:20	52.20	4:38:54	5:20	90	1:25:07	118	1:25:07
Masserberg	17.30	1:42:21	5:54	121	37:37	174	37:37	69.50	6:21:15	5:29	108	2:00:58	142	2:00:58
Allzunah	17.90	1:37:03	5:25	84	28:57	110	29:03	87.40	7:58:18	5:28	97	2:27:19	126	2:27:19
Grenzadler	20.00	1:42:07	5:06	83	30:00	127	30:00	107.40	9:40:25	5:24	93	2:57:19	122	2:57:19
Neue Ausspanne	13.70	1:07:19	4:54	47	17:53	57	17:53	121.10	10:47:44	5:20	86	3:15:12	106	3:15:12
Kleiner Inselsber	13.90	1:36:04	6:54	139	47:11	220	47:11	135.00	12:23:48	5:30	107	4:00:51	136	4:00:51
Hohe Sonne	18.90	1:47:40	5:41	117	36:02	174	38:08	153.90	14:11:28	5:31	110	4:36:46	141	4:36:46
Hörschel	15.00	1:27:35	5:50	109	37:17	158	37:17	168.90	15:39:03	5:33	110	5:08:18	141	5:08:18