



18. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

Laufgruppe Wassersuppe

Total time: 12:22:23

Number: 141

Speed: 13.58 km/h

Running performance: 4:24 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 17 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 13(of 143)

Männerstaffel

Best time in the category: 10:30:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:16:04	4:19	11	12:36	18	12:36	17.60	1:16:04	4:19	11	12:36	18	12:36
Schildwiese	18.60	1:23:57	4:30	25	15:04	43	15:53	36.20	2:40:01	4:25	12	26:05	20	26:05
Neuhaus	16.00	1:11:48	4:29	15	12:31	16	12:31	52.20	3:51:49	4:26	13	38:02	16	38:02
Masserberg	17.30	1:15:09	4:20	14	10:25	17	10:25	69.50	5:06:58	4:25	13	46:41	16	46:41
Allzunah	17.90	1:19:16	4:25	14	11:10	18	11:16	87.40	6:26:14	4:25	13	55:15	16	55:15
Grenzadler	20.00	1:33:54	4:41	43	21:47	65	21:47	107.40	8:00:08	4:28	13	1:17:02	17	1:17:02
Neue Ausspanne	13.70	59:10	4:19	14	9:44	16	9:44	121.10	8:59:18	4:27	13	1:26:46	17	1:26:46
Kleiner Inselsber	13.90	1:00:37	4:21	13	11:44	17	11:44	135.00	9:59:55	4:26	13	1:36:58	17	1:36:58
Hohe Sonne	18.90	1:17:59	4:07	6	6:21	11	8:27	153.90	11:17:54	4:24	13	1:43:12	17	1:43:12
Hörschel	15.00	1:04:29	4:17	14	14:11	15	14:11	168.90	12:22:23	4:23	13	1:51:38	17	1:51:38