



18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

SWE für Erfurt

Number: 156

Course: 168.90 km
Blankenstein-Hörschel

Category:
Mixstaffel

Total time: 16:45:17

Speed: 10.08 km/h

Running performance: 5:57 min/km

Rank in course: 211 (of 230)

Best time in course: 10:30:45

Rank in category: 66(of 75)

Best time in the category: 11:40:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:19:27	4:30	10	8:49	31	15:59	17.60	1:19:27	4:30	10	8:49	231	15:59
Schildwiese	18.60	1:42:53	5:31	52	34:49	179	34:49	36.20	3:02:20	5:02	24	40:36	231	48:24
Neuhaus	16.00	1:56:11	7:15	70	48:20	224	56:54	52.20	4:58:31	5:43	51	1:17:30	231	1:44:44
Masserberg	17.30	1:22:36	4:46	11	12:09	50	17:52	69.50	6:21:07	5:29	31	1:29:39	231	2:00:50
Allzunah	17.90	1:44:54	5:51	43	36:54	162	36:54	87.40	8:06:01	5:33	30	1:58:46	231	2:35:02
Grenzadler	20.00	2:35:51	7:47	75	1:21:32	230	1:23:44	107.40	10:41:52	5:58	65	3:20:18	231	3:58:46
Neue Ausspanne	13.70	1:21:24	5:56	38	26:11	162	31:58	121.10	12:03:16	5:58	64	3:39:49	231	4:30:44
Kleiner Inselsber	13.90	1:24:34	6:05	50	29:42	180	35:41	135.00	13:27:50	5:59	64	4:04:11	231	5:04:53
Hohe Sonne	18.90	1:33:12	4:55	20	23:40	83	23:40	153.90	15:01:02	5:51	60	4:24:09	230	5:26:20
Hörschel	15.00	1:44:15	6:57	73	40:59	223	53:57	168.90	16:45:17	5:57	66	5:05:08	211	6:14:32