



18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

Laufladen Erfurt Staffel 1

Total time: 15:47:17

Number: 144

Speed: 10.64 km/h

Running performance: 5:37 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 151 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 116(of 143)

Männerstaffel

Best time in the category: 10:30:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:27:07	4:56	48	23:39	74	23:39	17.60	1:27:07	4:56	48	23:39	74	23:39
Schildwiese	18.60	1:34:45	5:05	84	25:52	119	26:41	36.20	3:01:52	5:01	62	47:56	87	47:56
Neuhaus	16.00	1:27:07	5:26	89	27:50	111	27:50	52.20	4:28:59	5:09	67	1:15:12	89	1:15:12
Masserberg	17.30	1:32:56	5:22	91	28:12	128	28:12	69.50	6:01:55	5:12	74	1:41:38	95	1:41:38
Allzunah	17.90	1:38:26	5:29	95	30:20	122	30:26	87.40	7:40:21	5:16	74	2:09:22	92	2:09:22
Grenzadler	20.00	2:07:52	6:23	139	55:45	215	55:45	107.40	9:48:13	5:28	104	3:05:07	135	3:05:07
Neue Ausspanne	13.70	1:09:24	5:03	60	19:58	72	19:58	121.10	10:57:37	5:25	100	3:25:05	127	3:25:05
Kleiner Inselsber	13.90	1:18:54	5:40	93	30:01	130	30:01	135.00	12:16:31	5:27	101	3:53:34	126	3:53:34
Hohe Sonne	18.90	2:14:42	7:07	142	1:03:04	228	1:05:10	153.90	14:31:13	5:39	124	4:56:31	164	4:56:31
Hörschel	15.00	1:16:04	5:04	68	25:46	83	25:46	168.90	15:47:17	5:36	116	5:16:32	151	5:16:32