



# 18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

## Detailed evaluation

SWEetys

Total time: 15:53:33

Number: 30

Speed: 10.57 km/h

Running performance: 5:39 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 164 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 122(of 143)

Männerstaffel

Best time in the category: 10:30:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:34:04	5:20	87	30:36	128	30:36	17.60	1:34:04	5:20	87	30:36	128	30:36
Schildwiese	18.60	1:37:31	5:14	106	28:38	147	29:27	36.20	3:11:35	5:17	93	57:39	136	57:39
Neuhaus	16.00	1:28:54	5:33	99	29:37	122	29:37	52.20	4:40:29	5:22	97	1:26:42	125	1:26:42
Masserberg	17.30	1:54:55	6:38	139	50:11	220	50:11	69.50	6:35:24	5:41	126	2:15:07	172	2:15:07
Allzunah	17.90	1:27:45	4:54	33	19:39	43	19:45	87.40	8:03:09	5:31	105	2:32:10	136	2:32:10
Grenzadler	20.00	1:52:23	5:37	123	40:16	185	40:16	107.40	9:55:32	5:32	115	3:12:26	152	3:12:26
Neue Ausspanne	13.70	1:18:59	5:45	106	29:33	148	29:33	121.10	11:14:31	5:34	115	3:41:59	151	3:41:59
Kleiner Inselsber	13.90	1:20:59	5:49	106	32:06	152	32:06	135.00	12:35:30	5:35	117	4:12:33	152	4:12:33
Hohe Sonne	18.90	1:52:20	5:56	131	40:42	199	42:48	153.90	14:27:50	5:38	123	4:53:08	162	4:53:08
Hörschel	15.00	1:25:43	5:42	106	35:25	151	35:25	168.90	15:53:33	5:38	122	5:22:48	164	5:22:48