



18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

Rote Socken

Total time: 16:03:18

Number: 45

Speed: 10.46 km/h

Running performance: 5:42 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 179 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 129(of 143)

Männerstaffel

Best time in the category: 10:30:45

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:42:06	5:48	118	38:38	183	38:38	17.60	1:42:06	5:48	118	38:38	183	38:38
Schildwiese	18.60	1:45:36	5:40	129	36:43	188	37:32	36.20	3:27:42	5:44	136	1:13:46	194	1:13:46
Neuhaus	16.00	1:28:02	5:30	95	28:45	117	28:45	52.20	4:55:44	5:39	126	1:41:57	173	1:41:57
Masserberg	17.30	1:40:32	5:48	116	35:48	166	35:48	69.50	6:36:16	5:42	128	2:15:59	174	2:15:59
Allzunah	17.90	1:44:48	5:51	114	36:42	161	36:48	87.40	8:21:04	5:43	129	2:50:05	176	2:50:05
Grenzadler	20.00	1:34:33	4:43	45	22:26	69	22:26	107.40	9:55:37	5:32	116	3:12:31	153	3:12:31
Neue Ausspanne	13.70	1:33:17	6:48	142	43:51	225	43:51	121.10	11:28:54	5:41	125	3:56:22	173	3:56:22
Kleiner Inselsber	13.90	1:13:08	5:15	60	24:15	76	24:15	135.00	12:42:02	5:38	122	4:19:05	165	4:19:05
Hohe Sonne	18.90	1:53:31	6:00	134	41:53	204	43:59	153.90	14:35:33	5:41	125	5:00:51	169	5:00:51
Hörschel	15.00	1:27:45	5:50	111	37:27	162	37:27	168.90	16:03:18	5:42	129	5:32:33	179	5:32:33