



18. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

Lauffreunde Weinbergen

Total time: 15:59:45

Number: 94

Speed: 10.50 km/h

Running performance: 5:41 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 175 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 127(of 143)

Männerstaffel

Best time in the category: 10:30:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:46:17	6:02	134	42:49	207	42:49	17.60	1:46:17	6:02	134	42:49	207	42:49
Schildwiese	18.60	1:57:36	6:19	143	48:43	218	49:32	36.20	3:43:53	6:11	141	1:29:57	220	1:29:57
Neuhaus	16.00	1:22:08	5:08	67	22:51	75	22:51	52.20	5:06:01	5:51	140	1:52:14	204	1:52:14
Masserberg	17.30	1:21:12	4:41	28	16:28	37	16:28	69.50	6:27:13	5:34	114	2:06:56	151	2:06:56
Allzunah	17.90	1:36:31	5:23	80	28:25	105	28:31	87.40	8:03:44	5:32	106	2:32:45	137	2:32:45
Grenzdler	20.00	1:57:27	5:52	131	45:20	200	45:20	107.40	10:01:11	5:35	120	3:18:05	163	3:18:05
Neue Ausspanne	13.70	1:25:56	6:16	126	36:30	193	36:30	121.10	11:27:07	5:40	123	3:54:35	170	3:54:35
Kleiner Inselsber	13.90	1:20:16	5:46	103	31:23	146	31:23	135.00	12:47:23	5:41	124	4:24:26	169	4:24:26
Hohe Sonne	18.90	1:35:32	5:03	70	23:54	98	26:00	153.90	14:22:55	5:36	119	4:48:13	157	4:48:13
Hörschel	15.00	1:36:50	6:27	131	46:32	208	46:32	168.90	15:59:45	5:40	127	5:29:00	175	5:29:00