



18. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

Roter Stern Pfafferoode e.V.

Total time: 16:40:13

Number: 53

Speed: 10.08 km/h

Running performance: 5:55 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 207 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 137(of 143)

Männerstaffel

Best time in the category: 10:30:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:46:32	6:03	136	43:04	209	43:04	17.60	1:46:32	6:03	136	43:04	209	43:04
Schildwiese	18.60	1:35:40	5:08	91	26:47	127	27:36	36.20	3:22:12	5:35	128	1:08:16	181	1:08:16
Neuhaus	16.00	1:42:11	6:23	136	42:54	201	42:54	52.20	5:04:23	5:49	138	1:50:36	200	1:50:36
Masserberg	17.30	1:43:25	5:58	127	38:41	185	38:41	69.50	6:47:48	5:52	138	2:27:31	203	2:27:31
Allzunah	17.90	1:42:23	5:43	108	34:17	147	34:23	87.40	8:30:11	5:50	137	2:59:12	197	2:59:12
Grenzadler	20.00	1:43:27	5:10	88	31:20	135	31:20	107.40	10:13:38	5:42	130	3:30:32	183	3:30:32
Neue Ausspanne	13.70	1:28:33	6:27	137	39:07	212	39:07	121.10	11:42:11	5:47	133	4:09:39	191	4:09:39
Kleiner Inselsber	13.90	1:40:37	7:14	143	51:44	227	51:44	135.00	13:22:48	5:56	141	4:59:51	208	4:59:51
Hohe Sonne	18.90	1:48:10	5:43	119	36:32	176	38:38	153.90	15:10:58	5:55	139	5:36:16	210	5:36:16
Hörschel	15.00	1:29:15	5:57	116	38:57	174	38:57	168.90	16:40:13	5:55	137	6:09:28	207	6:09:28