



18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

Schneller als man denkt...

Number: 204

Course: 168.90 km
Blankenstein-Hörschel

Category:
Männerstaffel

Total time: 16:25:50

Speed: 10.22 km/h

Running performance: 5:50 min/km

Rank in course: 194 (of 230)

Best time in course: 10:30:45

Rank in category: 133(of 143)

Best time in the category: 10:30:45

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:18:16	4:26	12	14:48	21	14:48	17.60	1:18:16	4:26	12	14:48	21	14:48
Schildwiese	18.60	1:47:41	5:47	133	38:48	195	39:37	36.20	3:05:57	5:08	78	52:01	108	52:01
Neuhaus	16.00	1:50:11	6:53	142	50:54	217	50:54	52.20	4:56:08	5:40	127	1:42:21	176	1:42:21
Masserberg	17.30	1:40:21	5:48	115	35:37	165	35:37	69.50	6:36:29	5:42	130	2:16:12	176	2:16:12
Allzunah	17.90	1:45:33	5:53	116	37:27	165	37:33	87.40	8:22:02	5:44	131	2:51:03	181	2:51:03
Grenzadler	20.00	1:43:10	5:09	87	31:03	134	31:03	107.40	10:05:12	5:38	125	3:22:06	172	3:22:06
Neue Ausspanne	13.70	1:25:00	6:12	123	35:34	184	35:34	121.10	11:30:12	5:41	126	3:57:40	174	3:57:40
Kleiner Inselsber	13.90	1:36:23	6:56	140	47:30	221	47:30	135.00	13:06:35	5:49	137	4:43:38	194	4:43:38
Hohe Sonne	18.90	1:37:17	5:08	79	25:39	113	27:45	153.90	14:43:52	5:44	129	5:09:10	183	5:09:10
Hörschel	15.00	1:41:58	6:47	137	51:40	219	51:40	168.90	16:25:50	5:50	133	5:55:05	194	5:55:05