



18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

Team Wadenkrampf Berlin

Total time: 16:24:06

Number: 70

Speed: 10.24 km/h

Running performance: 5:50 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 193 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 132(of 143)

Männerstaffel

Best time in the category: 10:30:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:56:42	6:37	142	53:14	226	53:14	17.60	1:56:42	6:37	142	53:14	226	53:14
Schildwiese	18.60	1:48:03	5:48	134	39:10	196	39:59	36.20	3:44:45	6:12	142	1:30:49	221	1:30:49
Neuhaus	16.00	1:25:55	5:22	85	26:38	103	26:38	52.20	5:10:40	5:57	141	1:56:53	210	1:56:53
Masserberg	17.30	1:44:35	6:02	128	39:51	188	39:51	69.50	6:55:15	5:58	141	2:34:58	211	2:34:58
Allzunah	17.90	1:30:02	5:01	45	21:56	55	22:02	87.40	8:25:17	5:46	133	2:54:18	186	2:54:18
Grenzadler	20.00	1:55:46	5:47	129	43:39	196	43:39	107.40	10:21:03	5:46	134	3:37:57	191	3:37:57
Neue Ausspanne	13.70	1:29:31	6:32	138	40:05	214	40:05	121.10	11:50:34	5:52	139	4:18:02	202	4:18:02
Kleiner Inselsber	13.90	1:14:37	5:22	66	25:44	87	25:44	135.00	13:05:11	5:48	136	4:42:14	193	4:42:14
Hohe Sonne	18.90	1:47:11	5:40	113	35:33	170	37:39	153.90	14:52:22	5:47	134	5:17:40	191	5:17:40
Hörschel	15.00	1:31:44	6:06	120	41:26	189	41:26	168.90	16:24:06	5:49	132	5:53:21	193	5:53:21