



# 18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

## Detailed evaluation

SNR

Total time: 17:15:28

Number: 18

Speed: 9.73 km/h

Running performance: 6:08 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 223 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 141(of 143)

Männerstaffel

Best time in the category: 10:30:45

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Grumbach	17.60	1:44:00	5:54	126	40:32	195	40:32	17.60	1:44:00	5:54	126	40:32	195	40:32	
Schildwiese	18.60	1:29:04	4:47	48	20:11	69	21:00	36.20	3:13:04	5:19	99	59:08	143	59:08	
Neuhaus	16.00	1:29:45	5:36	102	30:28	131	30:28	52.20	4:42:49	5:25	102	1:29:02	131	1:29:02	
Masserberg	17.30	2:19:17	8:03	143	1:14:33	230	1:14:33	69.50	7:02:06	6:04	142	2:41:49	215	2:41:49	
Allzunah	17.90	2:03:41	6:54	141	55:35	225	55:41	87.40	9:05:47	6:14	143	3:34:48	224	3:34:48	
Grenzadler	20.00	1:48:37	5:25	106	36:30	162	36:30	107.40	10:54:24	6:05	143	4:11:18	222	4:11:18	
Neue Ausspanne	13.70	1:23:34	6:05	119	34:08	174	34:08	121.10	12:17:58	6:05	143	4:45:26	223	4:45:26	
Kleiner Inselsber	13.90	1:35:17	6:51	137	46:24	217	46:24	135.00	13:53:15	6:10	143	5:30:18	225	5:30:18	
Hohe Sonne	18.90	1:42:57	5:26	96	31:19	142	33:25	153.90	15:36:12	6:04	142	6:01:30	223	6:01:30	
Hörschel	15.00	1:39:16	6:37	133	48:58	211	48:58	168.90	17:15:28	6:07	141	6:44:43	223	6:44:43	