



18. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

SWV Goldlauter-Heidersbach

Total time: 12:41:01

Number: 40

Speed: 13.32 km/h

Running performance: 4:31 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 19 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 15(of 143)

Männerstaffel

Best time in the category: 10:30:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:27:45	4:59	50	24:17	77	24:17	17.60	1:27:45	4:59	50	24:17	77	24:17
Schildwiese	18.60	1:18:33	4:13	13	9:40	22	10:29	36.20	2:46:18	4:35	20	32:22	33	32:22
Neuhaus	16.00	1:19:47	4:59	48	20:30	55	20:30	52.20	4:06:05	4:42	25	52:18	37	52:18
Masserberg	17.30	1:18:41	4:32	18	13:57	22	13:57	69.50	5:24:46	4:40	21	1:04:29	26	1:04:29
Allzunah	17.90	1:17:11	4:18	10	9:05	13	9:11	87.40	6:41:57	4:35	16	1:10:58	20	1:10:58
Grenzadler	20.00	1:25:08	4:15	18	13:01	26	13:01	107.40	8:07:05	4:32	15	1:23:59	19	1:23:59
Neue Ausspanne	13.70	52:35	3:50	4	3:09	4	3:09	121.10	8:59:40	4:27	14	1:27:08	18	1:27:08
Kleiner Inselsber	13.90	1:08:48	4:56	41	19:55	50	19:55	135.00	10:08:28	4:30	14	1:45:31	18	1:45:31
Hohe Sonne	18.90	1:29:08	4:42	41	17:30	55	19:36	153.90	11:37:36	4:31	15	2:02:54	19	2:02:54
Hörschel	15.00	1:03:25	4:13	11	13:07	12	13:07	168.90	12:41:01	4:30	15	2:10:16	19	2:10:16