



18. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

Mühlhäuser Laufmäuse

Total time: 16:37:08

Number: 7

Speed: 10.11 km/h

Running performance: 5:54 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 203 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 7(of 12)

Frauenstaffel

Best time in the category: 13:02:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:43:41	5:53	9	27:39	191	40:13	17.60	1:43:41	5:53	9	27:39	231	40:13
Schildwiese	18.60	2:03:01	6:36	12	42:39	226	54:57	36.20	3:46:42	6:15	12	1:10:18	231	1:32:46
Neuhaus	16.00	1:39:51	6:14	9	24:18	192	40:34	52.20	5:26:33	6:15	12	1:21:45	231	2:12:46
Masserberg	17.30	1:49:01	6:18	10	24:22	204	44:17	69.50	7:15:34	6:16	11	1:46:07	231	2:55:17
Allzunah	17.90	1:49:32	6:07	8	21:53	183	41:32	87.40	9:05:06	6:14	10	2:08:00	231	3:34:07
Grenzadler	20.00	1:59:08	5:57	8	29:49	202	47:01	107.40	11:04:14	6:11	10	2:33:04	231	4:21:08
Neue Ausspanne	13.70	1:06:03	4:49	3	8:39	47	16:37	121.10	12:10:17	6:01	9	2:41:43	231	4:37:45
Kleiner Inselsber	13.90	1:21:22	5:51	8	19:56	155	32:29	135.00	13:31:39	6:00	8	3:01:39	231	5:08:42
Hohe Sonne	18.90	1:34:33	5:00	3	10:01	93	25:01	153.90	15:06:12	5:53	6	3:11:40	230	5:31:30
Hörschel	15.00	1:30:56	6:03	7	23:14	183	40:38	168.90	16:37:08	5:54	7	3:34:54	203	6:06:23