



18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

Gü-We Läufer

Total time: 15:54:47

Number: 88

Speed: 10.56 km/h

Running performance: 5:39 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 168 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 123(of 143)

Männerstaffel

Best time in the category: 10:30:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:40:37	5:43	113	37:09	175	37:09	17.60	1:40:37	5:43	113	37:09	175	37:09
Schildwiese	18.60	1:30:15	4:51	53	21:22	77	22:11	36.20	3:10:52	5:16	88	56:56	129	56:56
Neuhaus	16.00	1:41:52	6:21	135	42:35	199	42:35	52.20	4:52:44	5:36	123	1:38:57	166	1:38:57
Masserberg	17.30	1:35:59	5:32	101	31:15	140	31:15	69.50	6:28:43	5:35	116	2:08:26	154	2:08:26
Allzunah	17.90	1:51:06	6:12	126	43:00	188	43:06	87.40	8:19:49	5:43	127	2:48:50	173	2:48:50
Grenzadler	20.00	1:51:31	5:34	120	39:24	182	39:24	107.40	10:11:20	5:41	129	3:28:14	180	3:28:14
Neue Ausspanne	13.70	1:24:55	6:11	122	35:29	182	35:29	121.10	11:36:15	5:44	129	4:03:43	181	4:03:43
Kleiner Inselsber	13.90	1:16:35	5:30	81	27:42	110	27:42	135.00	12:52:50	5:43	125	4:29:53	173	4:29:53
Hohe Sonne	18.90	1:45:46	5:35	106	34:08	160	36:14	153.90	14:38:36	5:42	127	5:03:54	179	5:03:54
Hörschel	15.00	1:16:11	5:04	69	25:53	84	25:53	168.90	15:54:47	5:39	123	5:24:02	168	5:24:02