



18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

Werratal Runners

Number: 123

Course: 168.90 km
Blankenstein-Hörschel

Category:
Männerstaffel

Total time: 12:47:12

Speed: 13.14 km/h
Running performance: 4:32 min/km

Rank in course: 20 (of 230)
Best time in course: 10:30:45

Rank in category: 16(of 143)
Best time in the category: 10:30:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:18:29	4:27	15	15:01	24	15:01	17.60	1:18:29	4:27	15	15:01	24	15:01
Schildwiese	18.60	1:23:49	4:30	24	14:56	42	15:45	36.20	2:42:18	4:29	14	28:22	22	28:22
Neuhaus	16.00	1:16:14	4:45	30	16:57	35	16:57	52.20	3:58:32	4:34	16	44:45	21	44:45
Masserberg	17.30	1:19:15	4:34	22	14:31	27	14:31	69.50	5:17:47	4:34	18	57:30	22	57:30
Allzunah	17.90	1:28:23	4:56	36	20:17	46	20:23	87.40	6:46:10	4:38	18	1:15:11	23	1:15:11
Grenzadler	20.00	1:30:45	4:32	34	18:38	49	18:38	107.40	8:16:55	4:37	20	1:33:49	26	1:33:49
Neue Ausspanne	13.70	57:56	4:13	13	8:30	15	8:30	121.10	9:14:51	4:34	17	1:42:19	21	1:42:19
Kleiner Inselsber	13.90	1:01:39	4:26	16	12:46	22	12:46	135.00	10:16:30	4:33	16	1:53:33	20	1:53:33
Hohe Sonne	18.90	1:23:05	4:23	17	11:27	25	13:33	153.90	11:39:35	4:32	16	2:04:53	20	2:04:53
Hörschel	15.00	1:07:37	4:30	28	17:19	29	17:19	168.90	12:47:12	4:32	16	2:16:27	20	2:16:27