



18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

X-Runners II

Number: 105

Course: 168.90 km
Blankenstein-Hörschel

Category:
Männerstaffel

Total time: 13:03:02

Speed: 12.87 km/h
Running performance: 4:38 min/km

Rank in course: 23 (of 230)
Best time in course: 10:30:45

Rank in category: 18(of 143)
Best time in the category: 10:30:45

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Grumbach	17.60	1:25:22	4:51	41	21:54	60	21:54	17.60	1:25:22	4:51	41	21:54	60	21:54	
Schildwiese	18.60	1:23:44	4:30	23	14:51	41	15:40	36.20	2:49:06	4:40	24	35:10	38	35:10	
Neuhaus	16.00	1:15:13	4:42	25	15:56	27	15:56	52.20	4:04:19	4:40	21	50:32	31	50:32	
Masserberg	17.30	1:24:00	4:51	45	19:16	58	19:16	69.50	5:28:19	4:43	25	1:08:02	31	1:08:02	
Allzunah	17.90	1:29:47	5:00	42	21:41	52	21:47	87.40	6:58:06	4:47	26	1:27:07	33	1:27:07	
Grenzadler	20.00	1:28:21	4:25	25	16:14	35	16:14	107.40	8:26:27	4:42	22	1:43:21	28	1:43:21	
Neue Ausspanne	13.70	1:01:26	4:29	22	12:00	25	12:00	121.10	9:27:53	4:41	20	1:55:21	26	1:55:21	
Kleiner Inselsber	13.90	1:00:25	4:20	11	11:32	15	11:32	135.00	10:28:18	4:39	19	2:05:21	23	2:05:21	
Hohe Sonne	18.90	1:25:58	4:32	26	14:20	38	16:26	153.90	11:54:16	4:38	20	2:19:34	24	2:19:34	
Hörschel	15.00	1:08:46	4:35	37	18:28	41	18:28	168.90	13:03:02	4:38	18	2:32:17	23	2:32:17	