



18. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

DKB-Rennsteigexpress

Total time: 13:09:25

Number: 33

Speed: 12.77 km/h

Running performance: 4:40 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 26 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 21(of 143)

Männerstaffel

Best time in the category: 10:30:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:28:32	5:01	58	25:04	87	25:04	17.60	1:28:32	5:01	58	25:04	87	25:04
Schildwiese	18.60	1:22:30	4:26	20	13:37	36	14:26	36.20	2:51:02	4:43	27	37:06	45	37:06
Neuhaus	16.00	1:13:59	4:37	22	14:42	24	14:42	52.20	4:05:01	4:41	22	51:14	33	51:14
Masserberg	17.30	1:18:24	4:31	17	13:40	21	13:40	69.50	5:23:25	4:39	20	1:03:08	24	1:03:08
Allzunah	17.90	1:25:01	4:44	23	16:55	29	17:01	87.40	6:48:26	4:40	19	1:17:27	24	1:17:27
Grenzadler	20.00	1:24:33	4:13	16	12:26	24	12:26	107.40	8:12:59	4:35	18	1:29:53	22	1:29:53
Neue Ausspanne	13.70	1:07:42	4:56	49	18:16	60	18:16	121.10	9:20:41	4:37	19	1:48:09	23	1:48:09
Kleiner Inselsber	13.90	1:14:20	5:20	64	25:27	85	25:27	135.00	10:35:01	4:42	20	2:12:04	25	2:12:04
Hohe Sonne	18.90	1:26:10	4:33	27	14:32	39	16:38	153.90	12:01:11	4:41	21	2:26:29	26	2:26:29
Hörschel	15.00	1:08:14	4:32	35	17:56	38	17:56	168.90	13:09:25	4:40	21	2:38:40	26	2:38:40