



# 18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

## Detailed evaluation

Zatopeks Erben

Number: 85

Course: 168.90 km  
Blankenstein-Hörschel

Category:  
Männerstaffel

Total time: 13:20:35

Speed: 12.59 km/h

Running performance: 4:44 min/km

Rank in course: 28 (of 230)

Best time in course: 10:30:45

Rank in category: 23(of 143)

Best time in the category: 10:30:45

| Control           | Intermediate times |            |              |          | Stage score |           |              |          | Total ranking |              |          |             |           |              |
|-------------------|--------------------|------------|--------------|----------|-------------|-----------|--------------|----------|---------------|--------------|----------|-------------|-----------|--------------|
|                   | Split km           | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total | Total km | Total Time    | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Grumbach          | 17.60              | 1:29:52    | 5:06         | 63       | 26:24       | 95        | 26:24        | 17.60    | 1:29:52       | 5:06         | 63       | 26:24       | 95        | 26:24        |
| Schildwiese       | 18.60              | 1:24:29    | 4:32         | 28       | 15:36       | 46        | 16:25        | 36.20    | 2:54:21       | 4:48         | 34       | 40:25       | 54        | 40:25        |
| Neuhaus           | 16.00              | 1:15:14    | 4:42         | 26       | 15:57       | 28        | 15:57        | 52.20    | 4:09:35       | 4:46         | 32       | 55:48       | 44        | 55:48        |
| Masserberg        | 17.30              | 1:10:23    | 4:04         | 9        | 5:39        | 9         | 5:39         | 69.50    | 5:19:58       | 4:36         | 19       | 59:41       | 23        | 59:41        |
| Allzunah          | 17.90              | 1:29:07    | 4:58         | 39       | 21:01       | 49        | 21:07        | 87.40    | 6:49:05       | 4:40         | 20       | 1:18:06     | 25        | 1:18:06      |
| Grenzdler         | 20.00              | 1:26:17    | 4:18         | 22       | 14:10       | 31        | 14:10        | 107.40   | 8:15:22       | 4:36         | 19       | 1:32:16     | 25        | 1:32:16      |
| Neue Ausspanne    | 13.70              | 1:13:39    | 5:22         | 81       | 24:13       | 102       | 24:13        | 121.10   | 9:29:01       | 4:41         | 21       | 1:56:29     | 28        | 1:56:29      |
| Kleiner Inselsber | 13.90              | 1:08:33    | 4:55         | 36       | 19:40       | 45        | 19:40        | 135.00   | 10:37:34      | 4:43         | 21       | 2:14:37     | 26        | 2:14:37      |
| Hohe Sonne        | 18.90              | 1:32:51    | 4:54         | 59       | 21:13       | 78        | 23:19        | 153.90   | 12:10:25      | 4:44         | 22       | 2:35:43     | 27        | 2:35:43      |
| Hörschel          | 15.00              | 1:10:10    | 4:40         | 41       | 19:52       | 46        | 19:52        | 168.90   | 13:20:35      | 4:44         | 23       | 2:49:50     | 28        | 2:49:50      |