



18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

SSV Erfurt 02 Mix

Number: 189

Course: 168.90 km

Blankenstein-Hörschel

Category:

Mixstaffel

Total time: 14:23:49

Speed: 11.73 km/h

Running performance: 5:07 min/km

Rank in course: 63 (of 230)

Best time in course: 10:30:45

Rank in category: 10(of 75)

Best time in the category: 11:40:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:21:29	4:37	13	10:51	39	18:01	17.60	1:21:29	4:37	13	10:51	39	18:01
Schildwiese	18.60	1:26:29	4:38	18	18:25	54	18:25	36.20	2:47:58	4:38	13	26:14	231	34:02
Neuhaus	16.00	1:07:51	4:14	1	-	9	8:34	52.20	3:55:49	4:31	5	14:48	174	42:02
Masserberg	17.30	1:28:28	5:06	23	18:01	91	23:44	69.50	5:24:17	4:39	5	32:49	231	1:04:00
Allzunah	17.90	1:58:37	6:37	67	50:37	213	50:37	87.40	7:22:54	5:04	11	1:15:39	231	1:51:55
Grenzadler	20.00	1:27:52	4:23	10	13:33	32	15:45	107.40	8:50:46	4:56	8	1:29:12	231	2:07:40
Neue Ausspanne	13.70	1:14:29	5:26	20	19:16	116	25:03	121.10	10:05:15	4:59	10	1:41:48	231	2:32:43
Kleiner Inselsber	13.90	1:17:57	5:36	31	23:05	125	29:04	135.00	11:23:12	5:03	10	1:59:33	231	3:00:15
Hohe Sonne	18.90	1:19:01	4:10	6	9:29	15	9:29	153.90	12:42:13	4:57	9	2:05:20	230	3:07:31
Hörschel	15.00	1:41:36	6:46	70	38:20	218	51:18	168.90	14:23:49	5:06	10	2:43:40	63	3:53:04