



18. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

LTV Erfurt die Montagsgruppe

Total time: 14:25:00

Number: 2

Speed: 11.65 km/h

Running performance: 5:07 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 67 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 3(of 12)

Frauenstaffel

Best time in the category: 13:02:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:32:22	5:14	3	16:20	115	28:54	17.60	1:32:22	5:14	3	16:20	231	28:54
Schildwiese	18.60	1:30:07	4:50	3	9:45	75	22:03	36.20	3:02:29	5:02	3	26:05	231	48:33
Neuhaus	16.00	1:26:23	5:23	3	10:50	106	27:06	52.20	4:28:52	5:09	3	24:04	231	1:15:05
Masserberg	17.30	1:36:52	5:35	5	12:13	147	32:08	69.50	6:05:44	5:15	3	36:17	231	1:45:27
Allzunah	17.90	1:35:09	5:18	4	7:30	93	27:09	87.40	7:40:53	5:16	3	43:47	231	2:09:54
Grenzadler	20.00	1:32:28	4:37	2	3:09	57	20:21	107.40	9:13:21	5:09	3	42:11	231	2:30:15
Neue Ausspanne	13.70	1:10:37	5:09	4	13:13	78	21:11	121.10	10:23:58	5:09	3	55:24	231	2:51:26
Kleiner Inselsber	13.90	1:11:54	5:10	3	10:28	70	23:01	135.00	11:35:52	5:09	3	1:05:52	153	3:12:55
Hohe Sonne	18.90	1:31:42	4:51	2	7:10	74	22:10	153.90	13:07:34	5:07	3	1:13:02	230	3:32:52
Hörschel	15.00	1:17:26	5:09	3	9:44	95	27:08	168.90	14:25:00	5:07	3	1:22:46	67	3:54:15