



# 18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

## Detailed evaluation

Rennsteigoldies

Number: 218

Course: 168.90 km  
Blankenstein-Hörschel

Category:  
Mixstaffel

Total time: 14:29:17

Speed: 11.60 km/h

Running performance: 5:09 min/km

Rank in course: 71 (of 230)

Best time in course: 10:30:45

Rank in category: 12(of 75)

Best time in the category: 11:40:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:19:11	4:29	9	8:33	29	15:43	17.60	1:19:11	4:29	9	8:33	231	15:43
Schildwiese	18.60	1:41:02	5:25	49	32:58	170	32:58	36.20	3:00:13	4:58	22	38:29	231	46:17
Neuhaus	16.00	1:25:16	5:19	14	17:25	97	25:59	52.20	4:25:29	5:05	17	44:28	231	1:11:42
Masserberg	17.30	1:20:59	4:40	8	10:32	35	16:15	69.50	5:46:28	4:59	13	55:00	231	1:26:11
Allzunah	17.90	1:43:25	5:46	39	35:25	154	35:25	87.40	7:29:53	5:08	14	1:22:38	231	1:58:54
Grenzdler	20.00	1:23:55	4:11	7	9:36	22	11:48	107.40	8:53:48	4:58	9	1:32:14	145	2:10:42
Neue Ausspanne	13.70	1:07:47	4:56	9	12:34	62	18:21	121.10	10:01:35	4:58	9	1:38:08	231	2:29:03
Kleiner Inselsber	13.90	1:16:51	5:31	27	21:59	113	27:58	135.00	11:18:26	5:01	9	1:54:47	231	2:55:29
Hohe Sonne	18.90	1:41:17	5:21	37	31:45	135	31:45	153.90	12:59:43	5:03	11	2:22:50	230	3:25:01
Hörschel	15.00	1:29:34	5:58	53	26:18	175	39:16	168.90	14:29:17	5:08	12	2:49:08	71	3:58:32